



PPFSC Basic Skills Ice Skating

Figure Skating & Hockey (No sticks, no pucks)



About our Program:

Basic Skills Figure Skating classes teach the fundamentals of ice skating. The lessons are in a group setting with others working towards the same goal. Elements taught are based on the badge level of the skater. The skills that are taught are appropriate for either figure skating or hockey. Ice skating is a great way to meet new people, gain confidence in oneself, and is an excellent source of exercise.

- **Snowplow Sam** is designated for ages 3-5. These groups are limited to 8 skaters and are taught by an instructor and assistant. Classes include 25 minutes of instruction only.
- **Basic Levels** are for ages 6 and up. These groups are limited to 12 skaters and are taught by an instructor and assistant. Classes include 25 minutes of instruction and 25 minutes of practice time.
- **Freeskate 1-4** groups have a maximum of 4 skaters. Groups will have more than one skating level when there is only one skater for a given level.
- We will offer group lessons in dance and other disciplines at a reduced cost. Skaters must have passed Basic 4 in order to participate in these lessons. Groups are limited to 8 skaters. Please see the registration form for the cost of adding in the extra class.

About our Instructors:

All of our Basic Skills Instructors are well-trained and teach skating techniques according to U. S. Figure Skating's Instructor's Manual.

Clothing and Equipment:

- Skaters should wear warm, comfortable clothing and gloves or mittens. Dressing in layers is recommended.
- **Skaters need to supply their own skates, and please, no double-runner ice skates.** If skater is on Snowplow Sam (age 3-5) or Basic Badge 1, it is recommended that a bicycle helmet should be worn at all times on the ice.

Location:

We are offering lessons at two locations:

- Lynch Arena, located at 25 Andrew Ferland Way, Pawtucket, R.I. 02860, and
- Schneider Arena at Providence College, 331 Huxley Avenue, Providence, RI 02908.

Schedule:

We offer classes on Saturdays and Sundays. Please check our website for the most up-to-date information.

How to Register:

- Go to our website, and obtain a registration form for either the Saturday or Sunday class. Complete and send in with payment to the address on the registration form.
- Contact us either by phone or email to find out the dates of Open Registration for an in-person registration.

For More Information:

Visit our website: www.ppfsc.org

Email: basicskills@ppfsc.org

Call: 508 212-2611



*Snowplow Sam-the Official Mascot of
U.S. Figure Skating*

**Pawtucket & Providence Figure Skating Club
P.O. Box 85
Pawtucket, R.I. 02862**